

Please detach and send to:

Asian Americans for Community Involvement
Gordon N. Chan Community Services Center
2400 Moorpark Avenue, Suite 300
San Jose, CA 95128

Enclosed is my tax-deductible donation of:

\$1000 \$500 \$250 \$100
 \$50 \$25 Other: _____

I choose to pay by

Check VISA Mastercard

I am interested in finding out more about AACI.

Please send additional pamphlets to the address below.

I am interested in volunteering with AACI.

Name

Street Address

City State Zip Code

() ()

Phone - Office Cell

Email

Credit Card Account Number Expiration Date

Signature

My company / organization will match my gift.

Company/Organization Name ()

Contact Person Phone

Please make checks payable to "Asian Americans for Community Involvement."
Thank you for your support!

HIV Prevention and Education Program Office

Gordon N. Chan Community Services Center
2400 Moorpark Ave, Suite 216
(Banyan Tree Room)

Phone: (408) 278 -4138

Fax: (408) 975 -2745

Email: hivinfo@aaci.org

Asian Americans for Community Involvement - Main Office

Gordon N. Chan Community Services Center
2400 Moorpark Avenue, Suite 300
San Jose, CA 95128

Phone: (408) 975-2730

Fax: (408) 975-2745

www.aaci.org

HIV/AIDS Education & Prevention Program

HIV-Negative for Life Program



*Enhancing the quality of life,
focusing on the Asian American
community*



asian americans for community involvement

AACI HIV/AIDS Program

The Asian Americans for Community Involvement (AACI) HIV/AIDS education and prevention program's overall goal is to reduce the incidence of HIV infection within the Santa Clara County's Asian and Pacific Islander (API) community. The program works to meet this goal by providing prevention, education, outreach activities, counseling/testing, and referral services.

What is HIV/AIDS

HIV stands for Human Immunodeficiency Virus. It is the virus that weakens the body's immune system. When the immune system becomes weak, we lose our protection against illness and can develop serious, often life-threatening, infections and cancers.

AIDS stands for Acquired Immune Deficiency Syndrome. It is the name for the condition that is caused by HIV. The infected person normally develops one of the serious infections connected with HIV, or his/her blood tests show that their immune system has been very badly damaged by the virus.

HIV is transmitted from one person to another by infected:

- ◆ Blood
- ◆ Semen
- ◆ Vaginal fluids
- ◆ Breast milk
- ◆ Pre-Ejaculate fluid

You CAN get HIV from a person who is infected through:

- ◆ Unprotected oral, anal or vaginal sex
- ◆ Sharing unclean needles and injection equipment
- ◆ Mother to child transmission (MTCT) through pregnancy, birth or breastfeeding

The chance of being infected with HIV can be decreased by:

- ◆ Using condoms (latex, polyurethane or the Reality Female condom) properly each time you have sex, from start to end
- ◆ Knowing if the person you are having sex with is HIV infected
- ◆ Limiting the number of sexual partners
- ◆ Avoiding the use of alcohol or recreational drugs before having sex; Drugs and alcohol may influence your decision and may reduce your ability to practice safer sex
- ◆ Not sharing needles or other equipment for injections

KNOW YOUR HIV STATUS GET TESTED

Services Offered

Community Outreach brings essential information directly to people who are at risk for HIV. In particular, the program provides informational materials about safer sex and HIV prevention to health fairs, clubs, bathhouses and other places in the community, where people at risk may gather.

Education Sessions are aimed at providing information about safer sex and HIV, enabling individuals to make informed decisions about their sexual behavior by examining the contexts in which risk may take place, and empowering people to take care of their health and well being. The HIV/AIDS Program also collaborates with AACI's Alcohol and Other Drug Program to provide education and outreach.

Individual/Online Counseling is a personalized HIV prevention program that empowers the target audience to remain safe and HIV-negative. AACI's health educators share information, resources, testing sites and articles of interest with participants in gay and bisexual men's chat rooms.

Online counseling allows the educator to answer questions that some men might feel reluctant to discuss in a face-to-face or group counseling session.

Support/Discussion Groups are API MSM-based (Men who have Sex with Men) and are aimed at creating and building stronger and healthier relationships, and ensuring that safer sexual relationships become the mutually accepted norm. Understanding isolation, building positive and healthy relationships, self empowerment, HIV/AIDS and other health and social issues are core discussion topics of the group. Visit www.apifpa.net for more information.

Information and Advocacy provides the community with awareness and voice to raise issues related to HIV/AIDS stigma and discrimination through direct advocacy, coalition work and grassroots organizing.

The HIV Counseling/Testing program serves as key prevention and early intervention strategy for reducing primary and secondary HIV infections. The testing method is the Ora Quick Advance procedure which is highly effective, quick, easily administered and non-invasive. Test results are available in 20 minutes, and no blood is drawn. Testing is free and confidential. Through collaboration with Community Health Partnership.

HIV counseling/testing sites

AACI Main Office

2400 Moorpark Ave.
Suite 216 (Banyan Tree Room)
San Jose, CA 95128.
Monday to Thursday
10:00 am to 2:00 pm (by appointment)
3:00 pm to 8:00 pm (walk in/drop in)

AACI Satellite Office

2183 Tully Road
San Jose, CA 95122
Tuesday, Thursday and Friday
4:00 pm to 8:00 pm