

Basic Car Kit

If you have a car, prepare a small kit and keep it in the vehicle. The basic kit should include:

- Mobile phone
- Phone charger
- Food that won't spoil (such as energy bars or nut and raisin trail mix)
- Water
- Candle in a deep can and waterproof matches or lighter – you can melt snow for water and it's wind resistant
- First aid kit with seat belt cutter
- Flashlight and extra batteries
- Warning light or road flares
- Tow rope and jumper cables
- List of contact numbers
- Functioning spare tire and tools to change a flat
- Roadmaps
- Whistle
- Small tool kit – a Leatherman or Swiss Army Knife is a great option

Additional items to keep in your car if you have the room and especially if you spend time in the snow:

- Sand, salt or cat litter (non-clumping) – to use under your tires for better traction
- Antifreeze and windshield washer fluid
- Small shovel – in case you need to remove snow from around your tires
- Fire extinguisher
- Ice scraper
- Plastic bags for sanitation
- Blanket or sleeping bag
- Extra clothing and shoes
- Extra hat, mittens, and socks
- Necessary medications
- Cards, games, and other items to pass the time
- Extra quart of oil
- Emergency cash
- Empty gas can



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