

Additional Emergency Kit Items

The basic emergency kit will help you get through the first 72 hours of an emergency. The following additional emergency supplies will help get you through even the worst situations.

- **Change of clothing and shoes** for each member of your household: it's a good idea to have access to something practical like long-sleeved shirts, long-pants, and sturdy shoes. Consider additional clothing if you live in a cold climate.
- **A sleeping bag or warm blanket:** one for each member of your household. Again, consider additional blankets if you live in a cold climate.
- **A whistle** in case you need to attract attention
- **Water:** two additional liters of water per person per day for cooking and cleaning.
- **Garbage bags** for personal sanitation. "Zipper" bags are also handy to keep important items dry.
- **Toilet paper**
- **Safety gloves:** your first aid kit is a great place to store these.
- **Basic tools:** hammer, pliers, adjustable pipe or crescent wrench, screwdrivers, work gloves, and of course duct tape. You may need to turn off the gas or secure loose materials. Remember, if you turn off the utilities, a professional must restore the service for you.
- **A portable stove:** this should be fuel operated and can be found at your local camping store.
- **A Mess kit:** one for each person and should include cups, plates, and utensils. While bad for the environment, I would opt for paper plates and plastic cups – you won't have access to a lot of water.
- **Other personal care supplies:** Antiseptic wipes or hand gel, diapers, feminine hygiene products, etc.

A small bottle of bleach and medicine dropper are two great items if you have the space. Household liquid chlorine bleach, when diluted 9 parts water to one part bleach, can be used as a disinfectant or in a pinch, you can use it to treat water by using 16 drops of bleach per gallon of water. Do not use scented, color safe, or bleach with added cleaners.
- **Local maps**
- **Fire extinguisher**
- **Copies of personal documents:** passport, birth certificate, or driver's license, insurance papers, and bank account information – the "zipper" bag would be a great place to store these important papers! You might also want to keep copies in a safe place outside your home such as a family member who lives out of town.



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