



Asian Americans for Community Involvement

PRESS RELEASE

FOR IMMEDIATE RELEASE

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Forum on supporting emotionally healthy Asian American youth scheduled April 16 in Palo Alto

The pressures on Asian American youth that can contribute to depression and mental illness will be the subject of an evening forum on Thursday, April 16, for parents, teachers, coaches and other adults who work with young people.

The free event, presented by Asian Americans for Community Involvement (AACI) and the Palo Alto Education Foundation, is 7-9 p.m. at the Palo Alto Art Center Auditorium, 1313 Newell Rd., Palo Alto.

Eliza Noh, Ph.D., an assistant professor of Asian American studies at California State University, Fullerton, will discuss the high rates of suicide among Asian American young women -- research she started after her sister took her own life while in college. Her talk will be followed by a panel of local professionals who will provide resources to help youth and families achieve and maintain emotional health.

For further information, call AACI at (408) 975-2730.

About Asian Americans for Community Involvement

Asian Americans for Community Involvement (AACI) is the largest community-based organization focused on the Asian American community in Santa Clara County. Focusing on the diverse Asian American community, AACI's mission is to improve the health, mental health, and well-being of individuals and their families by providing an array of human services. AACI empowers the Asian American community by working collaboratively for equality and social justice.

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